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In situ imaging of tumors using "smart probes"— are they as smart as people think?

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"In situ tumor imaging"? Just what are we talking about here?





Ntziachristos et al 2003

Lee et al 2014

What clinical applications are envisaged for in vivo tumor imaging?

For diagnosis

For guiding surgery

For monitoring chemotherapy

What are "smart probes"?

And, more particularly, what kinds of smart probes are we concerned with today?

Small-molecule fluorescent compounds with the ability to target biochemically or metabolically anomalous tumor cells in a live animal.



A fluorescent moiety

A targeting moiety

Lee et al 2014

Typical development protocol for a novel "smart probe"

- 1. Have an idea, synthesize a novel probe.
- 2. In cell culture, check if the probe binds with cancer cells & does not bind to non-transformed cells. If probe *is* selective for cancer cells ...
- 3. Check if the probe binds to experimental tumors in a lab rodent.
- 4. If yes ... publish.





Serum proteins



Serum proteins







Probe accumulation in a tumor is favoured by enhanced permeability and retention

This effect is additional to any "smart targeting".

How do probe properties influence enhanced *permeability*?

High water solubility ✓ Strong binding to proteins ✓

Strong binding to cells

How do probe properties influence enhanced *retention*?

Slow diffusion in free solution Strong binding to proteins Strong binding to cells Distinguishing effective from ineffective probes — building & Assuming enhanced permeability & retention

1. Assume diffusion and protein binding of probes are both important factors.

- Assume rate depends on overall molecular size; and protein binding depends on aromatic system size.
- 3. Model overall & aromatic system sizes by molecular weight and conjugated bond number respectively.

Distinguishing effective from ineffective probes — building & Assuming enhanced permeability & retention

4. Identify a set of **non**smart probes which accumulates in tumors, and another set which does not.

- 5. Plot these sets on a MW-CBN diagram.
- 6. If the model is valid, the two sets should fall in different parts of the diagram.











Now we have seen that "smart" probes fall into the same region of the plot as not-smart tumor-localizing dyes and probes.

This implies that localization of smart probes is due to both their "smartness" *and* to the enhanced permeability and retention effect. So does this mean that smart probes are in fact not "smart"?

No, since "smartness" ensures that probes are located on or inside tumor cells, not merely within the tumor. So maybe we should say that "smart probes" are actually *smarter* than was thought? Or, at least smarter than the chemists who made them had thought?







